



Sweet Potato Julienne Fries

The carefully balanced sweet and savory flavor of Sweet Potatoes together with a hint of Sea Salt make this Alexia favorite your new everyday fry.



PACKAGE SIZE: 15OZ & 20OZ

INFORMATION



Alexia Sweet Potato Julienne Fries take the carefully balanced sweet and savory flavor of this fine potato and combine it with a hint of sea salt to bring you a wonderful alternative to the everyday fry without the trans fat.

As a snack or an accompaniment to your favorite entrée, quick and easy to prepare Alexia Foods products complement any dining occasion.

Have a question or comment? Visit us at www.alexiafoods.com or call Mon.-Fri., 9:00 AM- 7:00 PM (CST), 1-866-484-8676 (except national holidays). Please have entire package available when you call.

Alexia All Natural Potatoes, Breads & Appetizers.



In Your Grocer's Freezer.

Nutrition Facts

Serving Size 3 oz (84g/about 12 pieces)
Servings Per Container about 5

Amount Per Serving
Calories 140 Calories from Fat 45

	%Daily Value*
Total Fat 5g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 4g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Potassium 190mg	5%
Total Carbohydrate 24g	8%
Dietary Fiber 3g	12%
Sugars 6g	

Protein 1g

Vitamin A 70% • Vitamin C 6%
Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Preheat



PREHEAT conventional oven to 400°F/205°C.
Note: Oven temperatures may vary. Please adjust baking time & temperature as necessary.

Bake

20-22 minutes



ARRANGE frozen potatoes in a single layer on a baking sheet. **BAKE** for 20-22 minutes to desired color or crispiness stirring once or twice.

Serve while Hot!



SERVE fresh and hot from the oven. **ENJOY!**

Instructions for Deep Frying

Preheat oil to 350°F/177°C. Fry frozen potatoes for 2-2½ minutes or to desired color and crispiness.

Note: Frozen food may develop ice crystals causing hot oil to splatter. Please add product carefully.



Manufactured and Distributed by:
Alexia Foods
Kennewick, WA 99336
U.S.A.

GOURMET QUALITY

©Alexia Foods, Inc.

PRODUCT OF U.S.A.

www.alexiafoods.com

INGREDIENTS: SWEET POTATOES, CANOLA OIL, RICE FLOUR, TAPIOCA STARCH, NATURAL CANE SUGAR, CORNSTARCH, TAPIOCA DEXTRIN, SEA SALT, SPICES, ONION POWDER, SUGAR, CHILI PEPPER POWDER, GARLIC POWDER, SALAD MUSTARD (DISTILLED VINEGAR, MUSTARD SEED, SALT, TURMERIC, PAPRIKA), CITRIC ACID, NATURAL FLAVOR, XANTHAN GUM.

KEEP FROZEN